

EMPLOYEE NAME: _____ ID# _____
 NUMBER OF FAMILY MEMBERS ACTIVELY PARTICIPATING _____
 EMAIL: _____

WELCOME TO THE WELLPATH FAMILY EVENT!

Visit the following booths/activities to find out more about how to participate in WellPath. Booths represent participation in the following categories: Prevention, Challenges, WellPath-endorsed Events, Exercise/Fitness Participation and Health Enhancement Goals.

Participate in any of the following activities with a minimum of 6 and have your card initialed by an attendant for 15 Family WellPath points per person.*

Zumba Class (WellPath-Endorsed Event) @Gym 11:00-11:45 Instructor: Rachel Seepie	Yoga Class (WellPath-Endorsed Event) @Gym 12:00-12:45 Scottsdale Community College
Healthy Cooking Class (WellPath-Endorsed Event) @Community Building Kitchen Instructor: Talking Stick Resort & Casino AZ Chefs 10:30, 11:30, 12:30, 1:30	Diabetes Service Challenges/Exercise Fitness Participation/events) @ Community Building
Theranos (ABCs Of Participation) @ Community Building	WellPath (WellPath-endorsed Event) @ Community Building
Wells Fargo (WellPath-Endorsed Event: Fiscal Fitness) @ Community Building	Diabetes Prevention/Education (Prevention) @ Community Building
Scottsdale Community College (Exercise/Fitness Participation) @ Community Building	WellPath Coaches (Employee Fitness Participation & Health Enhancement Goal) @ Community Building
Honor Health/NOAH (Prevention) Youth Hula Hoop Activity/Spinning Wheel @ Community Building.	Honor Health (Prevention) Blood Pressure Check & Education @ Community Building
Rock Climbing (Exercise/Fitness Participation) @ Fields	Hamster Ball (Zorb) (Exercise/Fitness Participation) @ Fields
Bounce Boot Camp (Exercise/Fitness Participation) @ Fields	Traditional Dancers (WellPath-endorsed Event) @ Field's court 10:30
Youth activity (WellPath-endorsed Event) SRP-MIC Recreation @ Gym 10:15	Setting up MyWellPath for Dependents @ Community Building Stage
Ameriben (WellPath-endorsed Event) @ Community Building	Magellan (WellPath-endorsed Event) @ Community Building

- Mammography and Flu shots are available for 10 prevention points each. Collect simple evidence and report using your MyWellPath account.
- [Enter into your MyWellPath account or redeem now for WellPath swag and cool prizes at the WellPath Redemption Booth!](#) Movie ticket=20 points, Hat=25 points, Water bottles=20 points, Hoodie = 75 points

***Only 1 card needed per family – each family member participating receives 15 WellPath points.**

Meaningful Participation only: Not intended for infants.

WWW.WELLPATH.INFO