

## JUNE Tuesday

Location: Friendship Park
Time: 9:00 am – 11:00 am
Dance type:Traditional Dance

Location: Court House Time: 12:00 pm-1:00 pm Dance type: ZUMBA Toning

> Location: SRES Time: 11 am-12 pm

> > **Dance type:** Generation POUND (Exclusively for students and their parents)

**Location:** Salt River Gym **Time:** 5:30 pm-6:30 pm **Dance type:** ZUMBA

### Scan to Register







DIABETES PREVENTION SERVICES 480-362-7320

### Thursday

5 Location: RPHC
Time: 6:30 am-7:30 am
Dance type: Mixx Fitt

Location: WOLF Track
Time: 6:30 am-7:30 am
Dance type: Vaila Dance

# JULY

### Tuesday

Location: Two Waters/Round House Time: 6:30 am - 7:30 am

Dance type: ZUMBA/ POUND

Location: WOLF Court 3
Time: 5:30 pm-6:30 pm
Dance type: Line Dancing

#### Thursday

Location: Lehi Gym
Time: 5:30 pm-6:30 pm

**Dance type:** Traditional Dancing Closing session- Bird Dancing