

**CRS - ATLETICS PRESENTS:** 

## MIND OVER MILLES

30 Day Walking Challenge

## **REGISTRATION BEGINS**

AUGUST 14TH - 29TH, 2025

https://sugeni.us/VycQ



**STARTING ON:** 

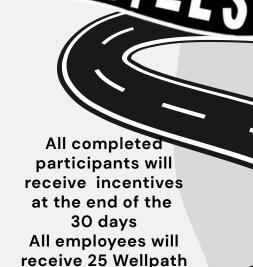
## SEPT 1ST

Adaptive & Seniors 25 Miles Beginners: 50 Miles Intermediate 75 Miles Advanced 100 Miles

in 30 Days

Must Download Walking App and Prove weekly reports on Sept 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> & 30th.

FOR MORE INFORMATION CONTACT CRS: ROBIN HENDRICKS 480-362-5785



points

