

MOSQUITO PREVENTION

Tips to protect yourself

- **Use repellant**

Mosquito repellant with 20% deet or picaridin should be used when doing outside activities. Popular brands like "OFF!", Ben's, and Sawyers can be purchased at local chain stores like Walmart.

- **Remove standing water**

Mosquitos lay their eggs in water. Any standing water should be removed or changed out daily to prevent eggs. From large water troughs, left over tires, and small bottle caps these are all potential breeding sites.

- **Wear long sleeves & pants**

Wear long sleeve tops and pants to prevent mosquitos from biting you. You can also use mesh netting as a physical barrier.

- **Time your activities**

Avoid planning your outdoor activities around dusk or dawn, mosquitos are most active during these times.



SRP-MIC

**Public Health/
Environmental Health**
is the go to with all of
your mosquito needs.
We continue to trap
and test mosquitos for
arboviral diseases
such as West Nile and
St. Louis Encephalitis.

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