



Public Health - Diabetes Prevention Services

All are Welcome to Join the Party!

GLAM & GLITTER ZUMBA & MIXXEDFIT PARTY

WEDNESDAY, OCTOBER 29, 2025

5:30 PM - 7:00 PM

SALT RIVER COMMUNITY BUILDING

WEAR SILVER, GOLD & BLACK!



Instructors:

Lynn Michelle & Rachel for ZUMBA and Melchor Solis for MIXEDFIT
and invited guest instructors.



DIABETES PREVENTION SERVICES FITNESS CENTER
480-362-7320

