

FIRST FOODS FIRST FRIDAYS COOKING CLASS



December 5th

5:30-7:00PM

River People Health Center Teaching Kitchen

Join the Nutrition Team to learn how to use foods native to North America in your day-to-day cooking!

The class will feature:

Roasted Turkey Tenderloin, Winter Vegetables, and a Grain

Space is limited!

**Call 480-362-3355 to save
your seats!**

