

Every voice helps.

Every voice matters.



CENTER FOR
INDIGENOUS HEALTH

What does Health & Wellness mean to you?

The **5-in-5 Initiative**, created by SRPMIC in partnership with the Johns Hopkins Center for Indigenous Health, is a Community-wide effort to increase the quality of life, and life expectancy for SRPMIC members by five years.

To begin, we want to hear from you. Tell us what health & wellness mean in your daily life. Your insights will guide future programs, services, and outreach designed to strengthen the wellbeing of all Community members, and future generations to come.



Take the short survey

(participants will be entered into a raffle for a gift card)

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