

*Every  
voice  
helps.*

*Every  
voice  
matters.*



CENTER FOR  
INDIGENOUS HEALTH



## *What does Health & Wellness mean to you?*

The **5-in-5 Initiative**, created by SRPMIC in partnership with the Johns Hopkins Center for Indigenous Health, is a Community-wide effort to increase the quality of life, and life expectancy for SRPMIC members by five years.

To begin, we want to hear from you. Tell us what health & wellness mean in your daily life. Your insights will guide future programs, services, and outreach designed to strengthen the wellbeing of all Community members, and future generations to come.



**Take the short survey**

(participants will be entered into a raffle for a gift card)

***FiveInFive@srpmic-nsn.gov***