



Nurture Naturally:

Unlock the Benefits of Breastfeeding

Come learn about breastfeeding and other programs to keep your family well. Discover resources and support for new and expecting mothers, ensuring every family has the tools to thrive.

JANUARY 21 • FEBRUARY 18 • MARCH 18 • APRIL 22

2:00 PM - 4:30 PM

River People Health Center Teaching Kitchen

**Reserve Your
Spot Today!**

Spaces are limited — sign up now to join this supportive, hands-on breastfeeding class.



**CALL 480-362-7300 OR
EMAIL WIC@SRPMIC-NSN.GOV**

This institution is an equal opportunity provider.