

# Let's Celebrate **Fathers & CAREGIVERS**



Join us for a special WIC celebration recognizing fathers, grandfathers, uncles, and caregivers who help families thrive!

**Discover the Health Benefits of Traditional Foods**  
Learn how traditional foods can support healthy families, preserve cultural heritage, and promote lifelong wellness.



Family-friendly activities



Nutrition education



Community connection



Refreshments and healthy food inspiration



Recognition of fathers and caregivers



# 18 June

**2:00 PM - 4:00 PM**  
**WIC LOBBY**

*Everyone is welcome!*

